



iRun Team Mission:

Be an ambassador for and promote running and iRun throughout the San Antonio area running community.

Requirements:

Inspire runners of all ages and abilities at races by being a role model and an iRun ambassador.

Run a minimum of six (6) races each season. Three of the races must be iRun timed races. Races with more than 200 participants will count for points.

Seasons: **Spring:** January – June; **Fall:** July – December

Uniformly promote iRun by wearing your provided uniform (or iRun training shirt) while racing, and if desired, while training for events. Wear some form of iRun clothing for race awards presentation if applicable.

Network with other runners to communicate the benefits of shopping at iRun. Participate in, and encourage friends to attend Monday and Wednesday night social runs. Participate in and promote iRun training programs: RunFitt, Licensed for Distance, Licensed to Run, Good From Running, etc.

***Team members are required to attend at least two social runs per season

***Points for referrals in training program

Tell about your running and racing **EXperiences** to participants picking up race packets by working a packet pickup (PPU) event **At** an iRun **Store** or PPU location (race day).

***Team members are required to work PPU for a minimum of five (5) hours during each season. Additional hours will be credited as 10 points per every hour after 5 hours worked.

Notify the coordinator of any changes in your personal data, including injuries, and keep track of your race and packet pickup points. Submit participation details (races, PPU, social, other) to coordinator on or before the 15th of the month following each season (**July 15** for January – June; **January 15** for July – December)

Once a season, select Race Team merchandise may be purchased at cost.

Points – \$1 store credit for every 1 point earned

Category Points

Age Group Place		Overall/Masters Place		Volunteer/Participation
1 st	10 points	1 st Overall M/F	15 points	10 points/training referral
2 nd	5 points	1 st Mast Overall M/F	15 points	10 points/hour after 5 volunteer/season
3 rd	3 points			2 points/social event after 2/season

Example: You meet the race expectation and have 2 2nd place AG awards, refer one individual into the training, volunteer for 8 total hours, and attend 4 social events. Season points would equal 54 points.

YOU ARE RESPONSIBLE FOR SUBMITTING YOUR POINTS TO TEAM COORDINATOR.